

## Frequently Asked Questions for Sports

### **1. What are the sports that are available at SLIIT?**

- (I) Archery (Men/Women)
- (II) Badminton (Men/Women)
- (III) Basketball (Men/Women)
- (IV) Carrom (Men/Women)
- (V) Chess (Men/Women)
- (VI) Cricket (Men)
- (VII) Futsal (Men)
- (VIII) Hockey (Men/Women)
- (IX) Karate (Men/Women)
- (X) Netball (Women)
- (XI) Rugby (Men)
- (XII) Soccer (Men)
- (XIII) Swimming (Men/Women)
- (XIV) Table Tennis (Men/Women)
- (XV) Tennis (Men/Women)
- (XVI) Track & Field (Men/Women)
- (XVII) Volleyball (Men)
- (XVIII) Taekwondo (Men/Women) (start instantly)
- (XIX) Powerlifting (men/Women) (start instantly)

To know more about sports activities available, go to : <https://www.sliit.lk/student-life/sports/> or <https://www.facebook.com/SLIIT-Sports-Council-104596217564739>

### **2. I'm interested in joining a sport. How do I find more about them?**

There are 17 active sports at SLIIT. The contact details of the captains and vice-captains are displayed on the notice board on the 1st floor of the main academic building (Near the entrance to the student services office). However, if you are unable to contact captains or vice-captains or have more general questions please reach out to the Physical Education & Sports unit at [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk).

Use this link to register:

[https://forms.office.com/Pages/ResponsePage.aspx?id=IM\\_jRMkZMk6WwxT1vwE5Gsv70pd4mHxJsFtY14INvS5UMk9IMURLMTY2NTRZTkY5VjZYWIhWVTVHUi4u](https://forms.office.com/Pages/ResponsePage.aspx?id=IM_jRMkZMk6WwxT1vwE5Gsv70pd4mHxJsFtY14INvS5UMk9IMURLMTY2NTRZTkY5VjZYWIhWVTVHUi4u)

### **3. I am interested in joining a sport, but I haven't played the sport. Can I still join?**

Yes! All students can participate in sports. However, the team will hold try-outs to decide the members to represent the institute at the competitive level.

### **4. Do I have to join a team to participate in a sport?**

No, you can use the sports facilities at your free time from 8.30 am to 6.30 pm. These facilities are closed on Sunday and other SLIIT holidays.

### **5. Do I have to have my own equipment to join a sport?**

It depends on the sport that you do. Most sports which require equipment, have a limited amount of entry level equipment for new members to use. Some activities you will need to have your own equipment.

**6. Do I have to be a team member to use sports equipment?**

No. There are limited amount of entry level equipment that can be borrowed from the gym by producing your student I.D. You can collect sports equipment from 9.00 am onwards and should be returned before 6.30 pm to the officer at the gym.

**7. What is the time commitment for practices?**

Practice times vary by sport. Most practices are 2 times a week for two hours per practice. Captains determine the number of practices a member must attend.

**8. Are there coaches?**

Most sports are student led and some sports are coached by qualified coaches.

**9. Are there fees to participate at sports?**

No fees will be charged from the students.

**10. Do these sports have try-outs?**

Some are open to anyone who either wants to continue an activity they currently participate in or to anyone who wants to try a new sport. However, there are many sports that do hold try-outs due to their competitive nature and limited facilities. To find out specific information on try-outs contact captains or vice-captains directly.

**11. Can I play more than one sport?**

If you can manage both schedules without practices and games conflicting, sure! We currently have multiple students playing on two different teams a year.

**12. The sport I'm interested in is not listed. How do I start a new sport?**

Starting a Sport Club requires time and effort but can be accomplished through the dedication of a small group of students. Please contact us at [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk) if you and some friends are interested in starting on the journey to becoming a Sport Club. Please forward your request with 15+ students who are interested with their student registration numbers.

**13. Do I have to obtain a membership to use the Gym (Fitness center)?**

No. You can use the gym from 7.00 am to 6.30 pm on weekdays and Saturday. The gym is closed on Sunday and SLIIT holidays.

**14. How do I get scholarship details?**

Feel free to drop an email to [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk)

**15. What is SLIIT Sports Council?**

The Sports Council is responsible for the implementation of the policy for sports and recreation for the student body of SLIIT and function under the direction of the Physical Education and Sports Unit. Sports Council consists of President, Vice-President, Secretary, Junior Treasurer, Editors and members.

To get more details: <https://www.sliit.lk/student-life/clubs-societies/sports-council/>

**16. How can I join the Sports Council?**

The sports council is annually appointed among the appointed captains and vice-captains for the current year. If you are a captain or a vice-captain for the current year you can apply to the Sports Council. The sports council is appointed within the 1<sup>st</sup> quarter of the year.

**17. How can I apply for the captaincy or vice-captaincy?**

The captaincy or vice-captaincy nomination form can be submitted to the Physical Education & Sports Unit with two recommendations of color holders of the same sport through the current captain. The applicant should be color holder of the same sport. For more details and clarifications, drop an email to [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk).

**18. How can I be eligible for colors?**

Your achievements representing SLIIT at the University, national or international tournament/s will be considered, and the achievements should meet the standards stated in the colors criteria. These tournaments and your participation should be approved prior to the tournament by the Physical Education and Sports Unit.

**19. Do I have to join a SLIIT team to be eligible for SLIIT colors?**

Yes. The tournaments and your participation should be approved prior to the tournament by the Physical Education and Sports Unit.

**20. My name is not there in the publish colors list. How can I appeal to include my name?**

If your name is not there on the published list, you can forward an appeal to [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk) with supporting documents as proof of your participation and achievements.

**21. How can I apply for Most Outstanding Sportsmen/women and Best All-Round Sportsman/women?**

After the color's lists are published, you can apply for the special awards. A request with your achievements with supporting documents (certificate/ approved letter) can be emailed to [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk).

**22. How can I apply for bonus points and special awards at the convocation?**

You can apply based on your sports achievements. The criteria will be followed in awarding points. To get more details please email to [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk).

**23. Still have questions?**

If you cannot find the answer to your question, please contact the Physical Education and Sports unit at [Kasun.h@sliit.lk](mailto:Kasun.h@sliit.lk).

The Physical Education & Sports Unit is located on the 2nd floor of the main building. Office Hours are from Monday to Friday (9.00 am to 4.30 pm)